



## Services and Supports for Children from Birth through Age 3



INCLUDEnyc supports parents of young children (0-3) with disabilities or suspected disabilities on navigating systems and identifying resources. All activities and materials are made available in English and Spanish, and other languages as needed.

### HELP LINE

INCLUDEnyc educators provide one-to-one support to families of children 0-3 years old and professionals who work with infants and young children. Our team offers information and coaching on a variety of topics including:

- Next steps for parents who may suspect their child has developmental delays
- How to request an evaluation to obtain services, if found eligible
- How to navigate services for infants and toddlers in Early Intervention
- How to manage the transition to preschool

As part of our coaching, we offer tip sheets, letter templates to request an evaluation, and other resources for families of young children.

### WORKSHOPS

We partner with community-based organizations, early childhood programs, preschool special education programs, libraries, faith-based organizations, and health care providers to facilitate interactive, learner-centered workshops for families and professionals. Our workshops include:



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- **Understanding Early Intervention:** Get an overview of services and supports for infants and toddlers with known or suspected developmental delays or disabilities. We will review the Individualized Family Service Plan (IFSP), which outlines your family's goals, services, and supports. We'll also share information on the transition to preschool. For children ages 0-3.
- **Advocacy Skills for Families of Young Children:** Learn how to advocate for your young child with a disability. You will also explore the skills needed to navigate service systems, request evaluations and services, resolve disagreements, and communicate effectively. For children ages 0-5.
- **Exploring the Early Years: Understanding Differences in Early Childhood Development:** Participants review child development milestones and what parents should do if they have concerns about their child's development, including age-appropriate characteristics of speech delays, sensory issues, and the autism spectrum. We also discuss how to build a support system, the importance of routines, as well as Early Intervention and the Committee on Preschool Special Education (CPSE). For children ages 0-5.
- **Parenting a Young Child with a Disability:** Learn strategies for effective parenting, behavior management, advocating for a child with disabilities, building a support system, and practicing self care. For children ages 0-5.
- **Promoting Positive Behavior in Young Children:** What is a young child trying to communicate with their behavior? Learn about the behavior of young children and the functions of their behavior. We'll also discuss strategies for positive reinforcement and how to prevent and manage challenging behavior at home, in an early childhood program, and in the community. For children ages 0-5.

### SPECIAL GUEST WORKSHOPS

INCLUDEnyc offers online workshops for parents and professionals featuring special guests and topics including:

- Remote Early Intervention Visits and Ways Families Help Their Baby Develop
- Proactive Strategies for Challenging Behavior at Home
- Tips on Toilet Training Your Toddler